

Running With Champions: A Midlife Journey On The Iditarod Trail By Lisa Frederic

By Lisa Frederic

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Lisa Frederic Where: Denali I became involved with the Iditarod and did the race myself in 2002. Running with Champions: A Midlife Journey on the Iditarod Trail;

http://www.alaskawritersdirectory.com/authors/frederic_lisa.shtml

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http://alaskawritersdirectory.com/authors/frederic_lisa.shtml

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<https://www.linkedin.com/pub/tricia-brown/19/76b/80a>

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Frederick's midlife calling lands her in Iditarod. Written by Lisa Frederic running the 1,049 mile Iditarod Trail Sled a book called Running with Champions.

<http://www.mushing.com/articles/content.php?vw=2,,7,606>

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